



## COMMENTARY

# Non-Genomic Effects of Estrogen and the Vessel Wall

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**ABSTRACT.** Estrogen, like other steroids, is now believed to possess rapid membrane effects independent of the classical gene activation pathway of steroid action. The presence of membrane estrogen receptors has been demonstrated in different cell types, but not yet in vascular tissue. *In vivo*, estrogen administration rapidly promotes acetylcholine-induced vasodilation of the coronary and peripheral vascular beds of postmenopausal women. Estrogen also causes relaxation of precontracted isolated arterial segments and perfused organ preparations, within minutes of administration of the hormone. These rapid vasomotor effects of estrogen may be related to blockade of the cell membrane voltage-dependent calcium channels, resulting in inhibition of extracellular  $\text{Ca}^{2+}$  mobilization and flux. Recently, estradiol has been shown to rapidly affect cyclic nucleotide turnover in vascular segments, smooth muscle, and epithelial cell cultures, suggesting the possibility of a “cross-talk” between membrane-mediated events and nuclear receptor activation. *BIOCHEM PHARMACOL* 51;5:571–576, 1996.

**KEY WORDS.** estrogen; steroids; non-genomic; vascular smooth muscle; calcium influx; cyclic AMP; vascular reactivity

Several members of the steroid superfamily, namely progesterone, aldosterone, testosterone, and vitamin D, clearly act through non-genomic, as well as genomic mechanisms. The classical model of steroid action involves rapid diffusion of the hormone into the target cell and combination with a high affinity cytosolic/nuclear receptor. The hormone–receptor complex then binds to specific DNA sequences, the hormone response elements, resulting in altered transcription of specific mRNA and subsequent protein synthesis [1, 2]. Most effects of steroids are mediated by this genomic pathway, and can be detected within an hour. However, many cellular responses, which are clearly non-genomic, are also observed within seconds of hormone administration. Thus, pregnane steroids, particularly  $3\alpha$ -hydroxylated metabolites of progesterone, are known to have rapid and profound effects on brain excitability mediated by the  $\gamma$ -aminobutyric acid<sub>A</sub>-benzodiazepene receptor–chloride ionophore complex [3]. In human sperm, progesterone, within seconds, elevates intracellular  $\text{Ca}^{2+}$ , and elicits the acrosome reaction [4]. Similarly, aldosterone increases  $\text{Na}^+$  influx and stimulates intracellular inositol 1,4,5-triphosphate levels in vascular smooth muscle cells within 30 sec. The effect of aldosterone on the cell membrane  $\text{Na}^+/\text{H}^+$  antiport is observed in human mononuclear leukocytes with an acute onset of 1–2 min [5]. Also, 1,25-dihydroxycalciferol rapidly affects calcium transport in several cell systems. In osteogenic sarcoma ROS cells, vitamin D specifically activates both phospholipase C and dihydropyridine-sensitive  $\text{Ca}^{2+}$  channels [6]. Similarly, in male rat osteoblasts, testosterone increased intra-

cellular  $\text{Ca}^{2+}$  flux and increased inositol 1,4,5-triphosphate and diacylglycerol within seconds [7]. The rapid nature and the pharmacological characteristics of these effects are incompatible with the classical genomic pathway of steroid action, involving protein synthesis.

In the present review, we focus on the non-genomic effects of estrogen particularly in vascular tissue. Evidence for a direct or non-genomic effect of estrogen comes from several sources. In the central nervous system, estradiol influences neural activity and induces alterations in the electrical properties of neurons within seconds or minutes of application of the hormone [8, 9]. Estrogen also alters  $\text{Ca}^{2+}$  influx in uterine smooth muscle cells [10, 11], and increases intracellular cyclic adenosine monophosphate cAMP<sup>†</sup> in human breast cancer cells [12]. These effects include rapid changes in membrane polarization and electrical activity, membrane permeability, and alteration in intracellular signalling pathways. We also discuss the physiological relevance of these membrane effects of estrogen with respect to vascular function and their possible role in genomic activation.

In addition to its effect on hepatic lipoprotein metabolism, estrogen can act directly on the vessel wall to modify vasomotion [13–15] and to inhibit vascular smooth muscle cell proliferation in response to injury [16–18]. The mechanism(s) involved in the vascular antiproliferative effect of estrogen has not been identified. However, the nature of the response and

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<sup>†</sup> Abbreviations: cAMP, cyclic adenosine monophosphate; cGMP, cyclic guanosine monophosphate; ER, estrogen receptor; and LAD, left anterior descending coronary artery.

its dependence on protein synthesis suggest a nuclear event involving genomic activation. On the other hand, the vasomotor effect of estrogen is observed within minutes of application of the hormone and does not appear to involve gene transcription.

## ESTROGEN AND VASOMOTOR TONE

### In Vivo Studies

The relationship between pregnancy and the degree of hyperemia in uterine and umbilical arteries, as well as changes in peripheral vascular resistance [19], led investigators to evaluate the role of estrogen in regulating vascular tone. In the uterus,  $17\beta$ -estradiol ( $10\text{ }\mu\text{g/kg}$ ) rapidly increases uterine blood flow in oophorectomized ewes [20] and rabbits [21] via a mechanism not affected by simultaneous administration of actinomycin D. Similarly, catecholestrogens markedly induced uterine hyperemia in pigs, which was not inhibited by cyclohexamide.\*

Williams *et al.* [22] studied the short-term effects of ethinyl estradiol administration on coronary vascular tone in ovariectomized monkeys on an atherogenic diet. Acetylcholine induced a vasoconstrictor response that changed to vasodilation 20 min following estrogen infusion. In postmenopausal women, Gilligan *et al.* [23] showed that intracoronary infusion of physiological levels of  $17\beta$ -estradiol prevented epicardial coronary artery constriction induced by acetylcholine, and resulted in increased coronary flow and decreased coronary resistance. Similarly, intravenous administration of ethinyl estradiol also attenuated the abnormal coronary vasomotor responses to acetylcholine in postmenopausal women 15 min after administration of the hormone [24]. Analogous rapid effects of estradiol were demonstrated in the peripheral circulation. Intra-arterial infusion of physiological concentrations of  $17\beta$ -estradiol potentiated the forearm vascular response to both acetylcholine and sodium nitroprusside in postmenopausal women with atherosclerosis risk factors [25]. Further, Rosano *et al.* [26] reported a beneficial effect of acute estrogen administration on myocardial ischemia in women with coronary artery disease subjected to treadmill testing. This effect was observed 40 minutes, after administration of sublingual  $17\beta$ -estradiol (1 mg), and may be mediated by a direct coronary relaxing effect, peripheral vasodilation, or a combination of both.

### In Vitro Studies

Data from isolated organ perfusion and arterial segment preparations further support a non-genomic effect of estrogen on vasomotor tone. Catecholestrogens markedly reduce, within 20 min, the responses to depolarizing concentrations of KCl in uterine arterial segments of gilts [27]. Similarly, micromolar concentrations of estradiol relaxed isolated vascular segments of human umbilical artery within 5 min of addition of the

hormone [28]. In these experiments, however, it is not clear whether the observed relaxation is mediated by a specific estrogenic effect since a similar response was observed with weak estrogens, such as estrone and estriol.

Raddino *et al.* [29] studied the effect of  $17\beta$ -estradiol on coronary perfusion pressure in the isolated rabbit heart. In this preparation, estradiol ( $10^{-7}\text{ M}$ ) elicited immediate vasodilation during vasopressin-induced coronary vasospasm. This effect was independent of gender and may be mediated by an effect on smooth muscle cell calcium transport. Similarly, Harder and Coulson [30] described a change in membrane electrical properties of canine coronary artery smooth muscle cells in response to estrogen. A hyperpolarizing response was observed in the vascular smooth muscle cells within 15 min of administration of the synthetic estrogen, diethylstilbestrol ( $10^{-6}\text{ M}$ ). Moreover, micromolar concentrations of  $17\beta$ -estradiol were shown to inhibit the contractile response of LAD segments from rabbits [31] and pigs [32] to various pressor agonists, namely endothelin-1, calcium, and the voltage-dependent channel agonist BAY K 8644 and prostaglandin  $F_{2\alpha}$ .  $17\beta$ -Estradiol also rapidly relaxed pre-contracted arterial rings from human coronary artery [33] and rabbit basilar artery [34] by an endothelium-independent mechanism.

In all these experiments, the acute nature of the vascular responses to estrogen indicates the involvement of membrane-mediated mechanisms of action. However, the fact that pharmacological concentrations of estrogen (micromolar) are required to produce these responses would suggest a non-specific effect of the hormone. In addition, the lack of proper controls, such as other estrogens, ER antagonists, and other steroids in these studies, makes the interpretation of the data more questionable. Moreover, while we have shown that  $17\beta$ -estradiol is more potent than its  $17\alpha$ -isomer, a weaker estrogen, in attenuating the contractile response of porcine LAD segments to prostaglandin  $F_{2\alpha}$  [32], Salas *et al.* [35] have reported recently that both isomers are equally potent in eliciting an acute endothelium-independent vasorelaxation in pig coronary artery segments. Both studies suggest that the estrogenic effect is mediated by blockade of voltage-dependent  $\text{Ca}^{2+}$  channels.

The effect of estrogen on vascular reactivity may depend on the nature of the vascular bed. In contrast to the vasodilatory effect in coronary vessels, estrogen administration potentiates vasopressor responses of isolated mesenteric and pulmonary vascular beds. We showed low nanomolar concentrations of  $17\beta$ -estradiol potentiate significantly vasoconstrictor responses of the rat isolated mesenteric preparation elicited by norepinephrine,  $\text{K}^+$ , and the prostaglandin endoperoxide U46619 [36]. This rapid response (<4 min) was also observed with  $17\beta$ -estradiol conjugated to bovine serum albumin, suggesting a membrane effect. Potentiation of the pressor response with estrogen was also observed in the isolated perfused rat lung preparation. A 5-min perfusion with 10 nM  $17\beta$ -estradiol diethylstilbestrol enhanced the pressor response to U46619, a thromboxane  $\text{A}_2$  analog, and angiotensin II. Infusion of  $17\alpha$ -estradiol and testosterone had no significant effect on pulmonary perfusion pressure, suggesting stereospecificity of the estrogenic response [37].

\* Ford S, Van Orden D and Farley D, Effect of cycloheximide on (catechol) estrogen uterine hyperemia. *Proc Soc Gynecol Invest*, 378, 1986.

TABLE 1. Effect of estrogen on cyclic nucleotides in vascular and other tissues

Tissue	Estrogen (concentration)	Incubation time (min)	Effect	Ref.
Vascular tissue				
Rabbit aorta	E <sub>2α</sub> (20 nM)	5.0	cAMP	43
Pig coronary	E <sub>2β</sub> (μM)	5.0	cGMP	32
Rat pulmonary VSMC	E <sub>2β</sub> (μM)	5.0	cAMP	*
Human coronary	E <sub>2</sub> (μM)	30.0	cAMP, cGMP	33
Non-vascular tissue				
Rat uterus	E <sub>2β</sub> (0.5 μg/100 g, i.v.)	0.5	cAMP	42
	DES (5 μg/100 g, i.v.)	5.0	cAMP	44
	E <sub>2β</sub> (0.02–0.1 μg/100 g, i.v.)	8.0	cAMP, cGMP	45
	E <sub>2β</sub> (1–100 nM)	15.0	cGMP	46
	E <sub>2α</sub> (20 nM)	5.0	cAMP	43
Rat hypothalamus	E <sub>2β</sub> , DES, 2-OHE (pM)	60.0	cAMP	12
	E <sub>2β</sub> , DES (20 μM)	40.0	cAMP	47
Human breast cancer cells	E <sub>2β</sub> , DES, 2-OHE (pM)	60.0	cAMP	12
Rat pituitary GH3 cells	E <sub>2β</sub> (10 nM)	15.0	cGMP	48

Abbreviations: E<sub>2α</sub>, 17α-estradiol; E<sub>2β</sub>, 17β-estradiol; DES, diethylstilbestrol; and VSMC, vascular smooth muscle cells.

\* Farhat MY, Abi Younes S, Dingaan B, Vargas R and Ramwell PW, Estradiol stimulates cyclic AMP production in rat pulmonary smooth muscle cells by a non-genomic mechanism. *Proceedings of the 75th Annual Meeting of the Endocrine Society*, Las Vegas, NV, 1233B, 1993.

## ESTROGEN AND INTRACELLULAR SIGNALLING

The rapid effects of estrogen may be mediated by regulation of intracellular signalling mechanisms. Two intracellular second messenger systems have been suggested in this respect, namely Ca<sup>2+</sup> and the cyclic nucleotides.

### Intracellular Calcium

Estrogen may inhibit vascular smooth muscle cell contractility by blocking Ca<sup>2+</sup> mobilization and flux. Raddino *et al.* [29] showed that Ca<sup>2+</sup> reversed the inhibitory effect of 17β-estradiol on the contractile response of the rabbit coronary artery. Similarly, in isolated rabbit coronary artery segments, a 20-min incubation with 17β-estradiol (1–10 μM) shifted the concentration-response curve to Ca<sup>2+</sup> to the right [27]. Moreover, the increased uterine blood flow accompanying either ovarian (estrus) or conceptus (day 13) production of estrogen is related to the blockade of voltage-sensitive Ca<sup>2+</sup> channels of vascular smooth muscle [31, 38].

Using whole cell patch clamping, Zhang *et al.* [39] attenuated voltage-dependent Ca<sup>2+</sup> currents in the A7r5 vascular smooth muscle cell line with estrogen. They showed that 17β-estradiol (10 μM) significantly reduced peak L-type Ba<sup>2+</sup> and T-type Ca<sup>2+</sup> current within 1–2 min. 17α-Estradiol was less potent than its β-isomer. 17β-Estradiol inhibited angiotensin II as well as α-adrenergic-induced contractions. These agonists increase intracellular Ca<sup>2+</sup> by activating receptor-mediated Ca<sup>2+</sup> channels or releasing Ca<sup>2+</sup> from intracellular stores. Estradiol is reported to regulate Ca<sup>2+</sup> influx and mobilization from intracellular stores in cardiac myocytes [27, 40] and chicken granulosa cells [41]. 17β-Estradiol did not affect intracellular mobilization of Ca<sup>2+</sup> in A7r5 vascular smooth muscle cells when measured with fura 2 [39]. On the other hand, the effect of estradiol on receptor-operated Ca<sup>2+</sup> channels has not been investigated.

### Cyclic Nucleotides

A number of studies show estrogen to induce rapid changes in both cAMP and cGMP in various estrogen target tissues (Table 1). The first study in this regard was by Szego and Davis [42], who showed that intravenous administration of 17β-estradiol (0.5 μg/100 g) to ovariectomized rats evoked within 30 sec, a 2- to 3-fold increase in uterine cAMP. Recently, Aronica *et al.* [12] reported significant increases in cAMP in rat uterus and in MCF-7 human breast cancer cells evoked by very low concentrations of physiologically active estrogens and anti-estrogens. This increase in cAMP resulted from activation of the membrane adenylate cyclase enzyme and was not blocked by inhibitors of RNA and protein synthesis.

Estrogen may also have a direct effect on the turnover of cyclic nucleotides in vascular tissue. We find in rat pulmonary vascular smooth muscle cell cultures that 35-min incubation with 17β-estradiol increases intracellular cAMP in a concentration-dependent manner. This effect was specific since it was observed with diethylstilbestrol but not with testosterone or the α-isomer of estradiol.\* These findings were later confirmed by Mügge *et al.* [33], who found that a 30-min incubation of human coronary arteries *in vitro* with 3 μM 17β-estradiol significantly increased both cAMP and cGMP by 88 and 182%, respectively.

In contrast, other studies have demonstrated an inhibitory effect of estrogen on both cAMP and cGMP production in a number of vascular preparations. Thus, Kishi and Numano [43] reported that short-term (5 min) incubation with 17α-estradiol (20 nM) decreases both basal and epinephrine-stimulated cAMP levels in aortic segments from oophorectomized rabbits.

\* Farhat MY, Abi Younes S, Dingaan B, Vargas R and Ramwell PW, Estradiol stimulates cyclic AMP production in rat pulmonary smooth muscle cells by a non-genomic mechanism. *Proceedings of the 75th Annual Meeting of the Endocrine Society*, Las Vegas, NV, 1233B, 1993.

In contrast, uterine tissue from the same animals showed increased cAMP levels under the same conditions. Micromolar concentrations of 17 $\beta$ -estradiol were also shown to inhibit rapidly (5 min) both basal and stimulated levels of cGMP in isolated arterial segments from porcine LAD [32]. These observations suggest that the difference in the effect of estrogen on cyclic nucleotide turnover may relate to the nature of the vascular bed [43–48].

## PUTATIVE ESTROGEN MEMBRANE BINDING SITES

The cytoplasmic membrane is a potential site of estrogen action [49–56] (Table 2). Although there have been no direct attempts at identifying membrane estrogen receptors in vascular tissue, the presence of putative membrane receptor sites for estrogen has been claimed in other tissues known to be targets for estrogen action. Using ligand–receptor binding assays and derivatized estrogen conjugates, Pietras and Szego [57–60] provided evidence that ligand-specific, temperature-dependent binding sites for 17 $\beta$ -estradiol are present on plasma membrane of isolated cells and hepatocytes of ovariectomized rats. Other studies characterized specific binding sites for estradiol in male rat synaptic plasma membrane [61], female rat pituitary [62–64] and human breast cancer cells [65, 66]. Pappas *et al.* [67] also demonstrated the presence of a membrane ER on the surface of GH3/B6 rat pituitary tumor cells, using confocal laser scanning microscopy and immunolabelling. Moreover, recent western blot studies have suggested the presence of three major estrogen binding proteins with  $M_r$  values from 23 to 33 kDa in synaptosomal membrane fractions

isolated from rat brain.\* One of these proteins was identified as the oligomycin-sensitivity conferring protein. The nature of these binding components in smooth muscle cell membrane, and their role in mediating the various short-term and transcription-independent responses to estrogen in target cells remain to be determined. However, the possibility that estrogen binds different membrane proteins may explain the qualitative difference in the estrogenic response between different vascular beds. The presence of subtypes of the membrane ER, like those observed for the nuclear ER in mammalian uterus [68], may be an intriguing possibility.

## PHYSIOLOGICAL RELEVANCE

The effect of estrogen on calcium transport and cyclic nucleotides may explain some of the rapid effects of estrogen on vascular reactivity, but their contribution to the known physiological effects of the hormone is yet to be determined. Ca<sup>2+</sup> and cyclic nucleotides are important intracellular second messengers involved in mediating many smooth muscle cell functions, such as contractility [69, 70] and proliferation [71, 72]. Estrogen may act through the cAMP pathway to regulate cAMP-mediated gene expression, or enhance transcription of estrogen-regulated genes [12]. Drugs that increase intracellular cAMP concentration inhibit transmission of growth stimulatory signals in the cell. cAMP blocks one of the major signal conduction pathways (the “Ras pathway”) by which growth factors exert their genomic effects [73, 74]. cAMP may also interact with the ER and so modify its transcriptional activity [75, 76]. Similarly, Power *et al.* [77] showed that a dopamine membrane receptor-mediated phosphorylation cascade involving intracellular cAMP can activate progesterone receptors in transfected monkey kidney (CV<sub>1</sub>) cells. Progesterone receptor-negative CV<sub>1</sub> cells transfected with a chicken progesterone receptor A (PR<sub>A</sub>) form expression vector responded equally to progesterone and dopamine treatment by increasing PR<sub>A</sub>-mediated transcription. *In vitro*, dopamine mimicked the effect of progesterone resulting in translocation of chicken progesterone receptor from cytoplasm to nucleus. Studies with other receptors also indicate that the human estrogen receptor, the human vitamin D receptor, and the human thyroid hormone receptor also activate transcription from target genes in response to dopamine.

Wehling [78] recently proposed a two-step model of aldosterone action in many cell types, which may be applicable to vascular smooth muscle cells. The primary response involves steroid binding to membrane receptors initiating rapid changes in electrolyte balance, while a later genomic activation results in protein synthesis and requires 1–2 hr to develop. This model may apply to the mechanisms of action of other steroid hormones, which are known to mediate some of their *in vivo* effects via non-genomic pathways. The anesthetic action of progesterone and its analogs and its effect on oocyte maturation and the spermatozoa acrosome reaction are examples of such mechanisms.

TABLE 2. Steroid membrane binding sites

Steroid	Tissue	Technique	Refs.
Progesterone	Rat brain	Ligand binding	49,50
Aldosterone	Human lymphocytes	Photoaffinity labeling	51
Glucocorticoids	Rat kidney	Ligand binding	52,53
	Rat liver	Ligand binding	54
	Frog brain	Ligand binding	55
Vitamin D	Bone	Ligand binding	56
Estradiol	Rat endometrium	Ligand binding	57,58
		Derivatized estrogen conjugates	59
	Rat liver	Ligand binding	60
		Derivatized estrogen conjugates	59
	Brain	Ligand binding	61
		Western blot	56
	Breast cancer cells	Fluorescence	62
Pituitary cells			63
		Ligand binding	64,65
		ER antibodies	66
		Confocal laser microscopy	67

\* Zheng J and Ramirez VD, Neural membrane estrogen binding proteins: Western (ligand) blot studies. *Proceedings of the 77th Annual Meeting of the Endocrine Society*, Washington, DC, P1 422, 1995.

## CONCLUSIONS

Estrogen joins progesterone, aldosterone, and vitamin D in possessing non-genomic properties. There is overwhelming evidence to suggest that beside its role as a transcriptional regulator, estrogen may induce rapid cellular events through interaction with specific membrane binding sites. In vascular tissue, estrogen may mediate its non-genomic effects by altering membrane ionic permeability, regulation of cyclic nucleotide turnover, and membrane bound enzyme activity. The nature of the membrane estrogen receptor and the significance of the second messengers are yet to be identified. Moreover, the possibility of "cross-talk" between membrane receptor-mediated events and activation of nuclear steroid receptors as reported for dopamine, progesterone, and aldosterone is noteworthy.

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